



**Activity 1.38: Discovering the benefits of Bible reading and meditation**

Read the Bible and identify scriptures, and then match them with the statements.

Consider Job's, Hosea's and Hannah's experiences as narrated in the following Scriptures: 1 Samuel 1:1 - 28; Ecclesiastes 3:1 - 8; Matthew 5:1

- i) The Scriptures guide our steps.
- ii) God's Word directs us to wisdom.
- iii) It lifts burdens.
- iv) The Word of God brings joy.
- v) The Scriptures give peace.
- vi) The Word of God awakens and strengthens faith
- vii) Through hearing the Word, God supplies the Holy Spirit
- viii) The Word of God creates and sustains life
- ix) The Word of God gives hope